

**MEETING**

**HEALTH OVERVIEW AND SCRUTINY COMMITTEE**

**DATE AND TIME**

**WEDNESDAY 6TH JULY, 2022**

**AT 7.00 PM**

**VENUE**

**HENDON TOWN HALL, THE BURROUGHS, LONDON NW4 4BQ**

**TO: MEMBERS OF HEALTH OVERVIEW AND SCRUTINY COMMITTEE (Quorum 3)**

Chair: Councillor Philip Cohen  
Vice Chair: Councillor Anne Hutton

Zakia Zubairi	Rishikesh Chakraborty	Alison Cornelius
Caroline Stock	Giulia Innocenti	
Matthew Perlberg	Shuey Gordon	

**Substitute Members**

Sarah Wardle	Ammar Naqvi	Mark Shooter
Liron Velleman	Andreas Ioannidis	Michael Mire

In line with the Constitution's Public Participation and Engagement Rules, requests to submit public questions or comments must be submitted by 10AM on the third working day before the date of the committee meeting. Therefore, the deadline for this meeting is Friday 1<sup>st</sup> July at 10AM. Requests must be submitted to [tracy.scollin@barnet.gov.uk](mailto:tracy.scollin@barnet.gov.uk) Tel 020 8359 2315

**You are requested to attend the above meeting for which an agenda is attached.**

**Andrew Charlwood – Head of Governance**

Governance Service contact: [tracy.scollin@barnet.gov.uk](mailto:tracy.scollin@barnet.gov.uk) Tel 020 8359 2315

Media Relations Contact: Tristan Garrick 020 8359 2454 [Tristan.Garrick@Barnet.gov.uk](mailto:Tristan.Garrick@Barnet.gov.uk)

**ASSURANCE GROUP**

## ORDER OF BUSINESS

Item No	Title of Report	Pages
1.	Minutes To follow.	
2.	Absence of Members	
3.	Declaration of Members' Interests	
4.	Report of the Monitoring Officer	
5.	Public Question Time (If Any)	
6.	Members' Items (If Any)	
7.	Minutes of the North Central London Sector Joint Health Overview and Scrutiny Committee None.	
8.	Public Health Overview	5 - 30
9.	Future of Health Champions	31 - 46
10.	Integrated Care update Verbal update	
11.	Solutions4Health	47 - 56
12.	User Group - Mental Health Services	
13.	Health Overview and Scrutiny Forward Work Programme	57 - 60
14.	Any Other Items that the Chairman Decides are Urgent	

### FACILITIES FOR PEOPLE WITH DISABILITIES

Hendon Town Hall has access for wheelchair users including lifts and toilets. If you wish to let us know in advance that you will be attending the meeting, please telephone [tracy.scollin@barnet.gov.uk](mailto:tracy.scollin@barnet.gov.uk) Tel 020 8359 2315. People with hearing difficulties who have a text phone, may telephone our minicom number on 020 8203 8942. All of our Committee Rooms also have induction loops.

---

### **FIRE/EMERGENCY EVACUATION PROCEDURE**

If the fire alarm sounds continuously, or if you are instructed to do so, you must leave the building by the nearest available exit. You will be directed to the nearest exit by uniformed custodians. It is vital you follow their instructions.

You should proceed calmly; do not run and do not use the lifts.

Do not stop to collect personal belongings

Once you are outside, please do not wait immediately next to the building, but move some distance away and await further instructions.

Do not re-enter the building until told to do so.

This page is intentionally left blank



# Health Overview and Scrutiny Committee

AGENDA ITEM 8

6<sup>th</sup> July 2022

<b>Title</b>	<b>Public Health Overview</b>
<b>Report of</b>	Joint Director of Public Health and Prevention
<b>Wards</b>	All
<b>Status</b>	Public
<b>Urgent</b>	No
<b>Key</b>	No
<b>Enclosures</b>	Appendix A – Public Health Overview
<b>Officer Contact Details</b>	Tamara Djuretic, <a href="mailto:tamara.djuretic@barnet.gov.uk">tamara.djuretic@barnet.gov.uk</a>

## Summary

This report provides the Committee with an overview of Public Health priorities, funding in 2022/23, description of health inequalities and some examples of community engagement for health and wellbeing.

## Officers Recommendations

1. That the Committee notes the report.

### 1. Why this report is needed

- 1.1 Public Health is focussing on supporting people to stay well, helping to improve the health of the population through the prevention rather than treatment of disease.
- 1.2 Many of the factors which have an impact on a person's health and wellbeing do not relate to accessing health services. Aspects of people's lives, such as housing, education, environment and society can contribute to a person's health and wellbeing, as much, if not more than access to traditional "health" services. This means that effective Public Health strategy and delivery needs to focus on the whole picture, and the whole system, ongoing engagement with residents and how it works to promote healthy behaviours.

- 1.3 Poor health outcomes can have a number of impacts for the individual, the community and the economy. It can impact on the NHS (e.g. strain on hospital care, or medical treatment); social care (e.g. requirement for more intense forms of care); the economy (e.g. though sickness absence); and wider cost to the community (e.g. alcohol related crime and violence).
- 1.4 Public Health strategy and priorities in Barnet is guided by the Joint Health Needs Assessment (JSNA) and the Barnet Health and Wellbeing Strategy 2021 – 2025. Both are statutory partnership documents, and a range of actors are responsible for working together to deliver a range of improvements to population health.
- 1.5 Delivery of Public Health by Barnet Council is via a mix of statutory and non-statutory services. These are listed in the Appendix, along with examples of the work on tackling inequalities with a specific focus on community engagement.
- 1.6 The paper also describes Public Health approaches to community engagement and communications with residents aimed at improving overall health and wellbeing of the borough.

## **2. Reasons for recommendations**

- 2.1 This report provides an overview of current Public Health portfolio as an introductory context for the Committee. Therefore, no recommendations are required.

## **3. Alternative options considered and not recommended**

- 3.1 This report provides an overview of current Public Health portfolio as an introductory context for the Committee. Therefore, no recommendations are required.

## **4. Post decision implementation**

- 4.1 The Joint Health Needs Assessment will be refreshed during Summer 2022, with a focus on sub borough level analysis. This will be reviewed by the Barnet Health and Wellbeing Board at its meeting in September 2022, alongside the priorities and key areas of work for 2022/23.

## **5. Implications of decision**

### **5.1 Corporate Priorities and Performance**

Following the May 5th Elections, the council has a new Labour administration. On the 24th May 2022 Annual Council appointed a new Leader of the Council. The Leader and the new administration have set out the priorities including working in partnership with our local communities to help residents to lead healthier lives and tackling these health inequalities highlighted by the Covid-19 pandemic and to review Council strategies to ensure a clear link with public health outcomes.

### **5.2 Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)**

5.2.1.1 The council's Public Health delivery is funded predominantly by the ringfenced Public Health Grant, supplemented by some externally funded project funds. An outline of where the Public Health Grant is spent in Barnet is outlined in the Appendix.

### **5.3 Legal and Constitutional References**

The Terms of Reference of the HOSC as per the Barnet Constitution are:

(1) To perform the overview and scrutiny role in relation to health issues which impact upon the residents of the London Borough of Barnet and the functions services and activities of the National Health Service and NHS bodies located within the London Borough of Barnet and in other areas.

(2) To make reports and recommendations to Council, Health and Well Being Board, the Secretary of State for Health and/or other relevant authorities on health issues which affect or may affect the borough and its residents.

(3) To recommend to Council entering into or appointing to joint overview and scrutiny committees that include the London Borough of Barnet and other boroughs for the purpose of responding to consultations by NHS bodies on proposals for substantial variation or development in the provision of health services as required by The Local Authority (Public Health and Wellbeing Boards and Health Scrutiny) Regulations 2013.

### **5.4 Insight**

Public Health priorities have been driven by the data analysis in the JSNA, and also project or priority specific analysis.

### **5.5 Social Value**

This is not applicable in this report.

### **5.6 Risk Management**

Risks around the delivery of Public Health priorities continue to be reported using the Council's Risk Management Framework and system.

### **5.7 Equalities and Diversity**

5.7.1 Public Health focusses on a whole systems approach to prevention and health and care integration focuses on health disparities which persist amongst groups with protected characteristics. It is expected that a whole systems approach to prevention will prevent unintended harms against marginalised groups and promote health equity.

5.7.2 On the Health and Wellbeing Strategy, as well as more detailed consultation on individual pieces of work, the Council consults and engages with appropriate communities and stakeholders to ensure that programmes are targeted appropriately, and address the needs of different communities.

### **5.8 Corporate Parenting**

5.8.1 Public Health works with Family Services and others to provide opportunities to support

the council's role as corporate parent through the health and wellbeing improvement interventions for children and young people residing in the borough, including children in care.

## 5.9 Consultation and Engagement

5.9.1 Public Health delivery is driven by the priorities in the Health and Wellbeing Strategy, which was developed using a wide ranging consultation and engagement process with residents and partners.

## 5.10 Environmental Impact

There are no direct environmental implications from noting the recommendations.

## 6. Background papers

6.1 Barnet Joint Strategic Needs Assessment - [Joint Strategic Needs Assessment – Barnet Open Data](#)

6.2 Barnet Health and Wellbeing Strategy 2021 – 2025 - [Barnet Joint Health and Wellbeing Strategy 2021 to 2025 - full document.pdf](#)

---



# **Public Health Overview**

## **Health and Overview Scrutiny Committee**

**July 2022**

# What is Public Health?

- **Public health is about helping people to stay healthy and protecting them from threats to their health;**
- **Sometimes public health activities involve helping individuals, at other times they involve dealing with wider factors that have an impact on the health of many people (for example an age-group, an ethnic group, a locality, or a country);**
- **While medicine and nursing are vital for helping and supporting people when they fall ill, work in public health contributes to reducing the causes of ill-health and improving people's health and wellbeing.**

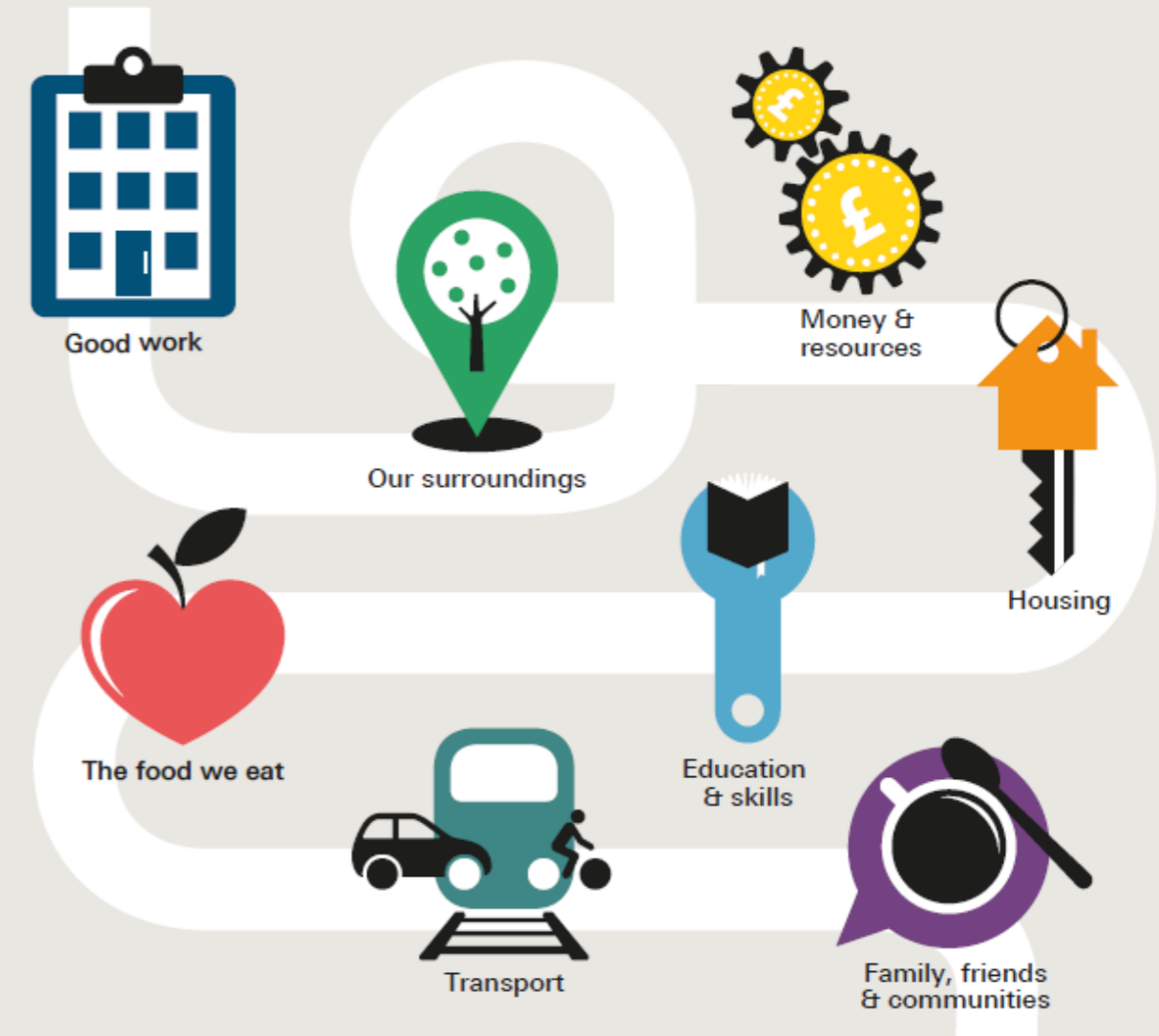
# Public Health is more than just health...

## What makes us healthy?

AS LITTLE AS

**10%** of a population's health and wellbeing is linked to access to health care.

We need to look at the bigger picture:



But the picture isn't the same for everyone.

The healthy life expectancy gap between the most and least deprived areas in the UK is: **19** YEARS

# Public Health Functions

- Director of Public Health is Chief Officer with statutory responsibility to deliver Public Health Outcomes using ring-fenced public health grant
- Jointly appointed by LBB and Secretary of State, Regional Director of PH from Public Health England London. Regional Director of PH, Prof Kevin Fenton is Health Advisor to Mayor of London.

## Statutory services

Sexual health services

National Child Measurement Programme (NCMP)

NHS health checks

0 – 19 Healthy Child Programme

Providing advice to the NHS

Health Protection

Joint Strategic Needs Assessment [Joint Strategic Needs Assessment – Barnet Open Data](#)

Ensuring that PH Grant is spent to improve public health outcomes

## Discretionary services

Drugs and alcohol services

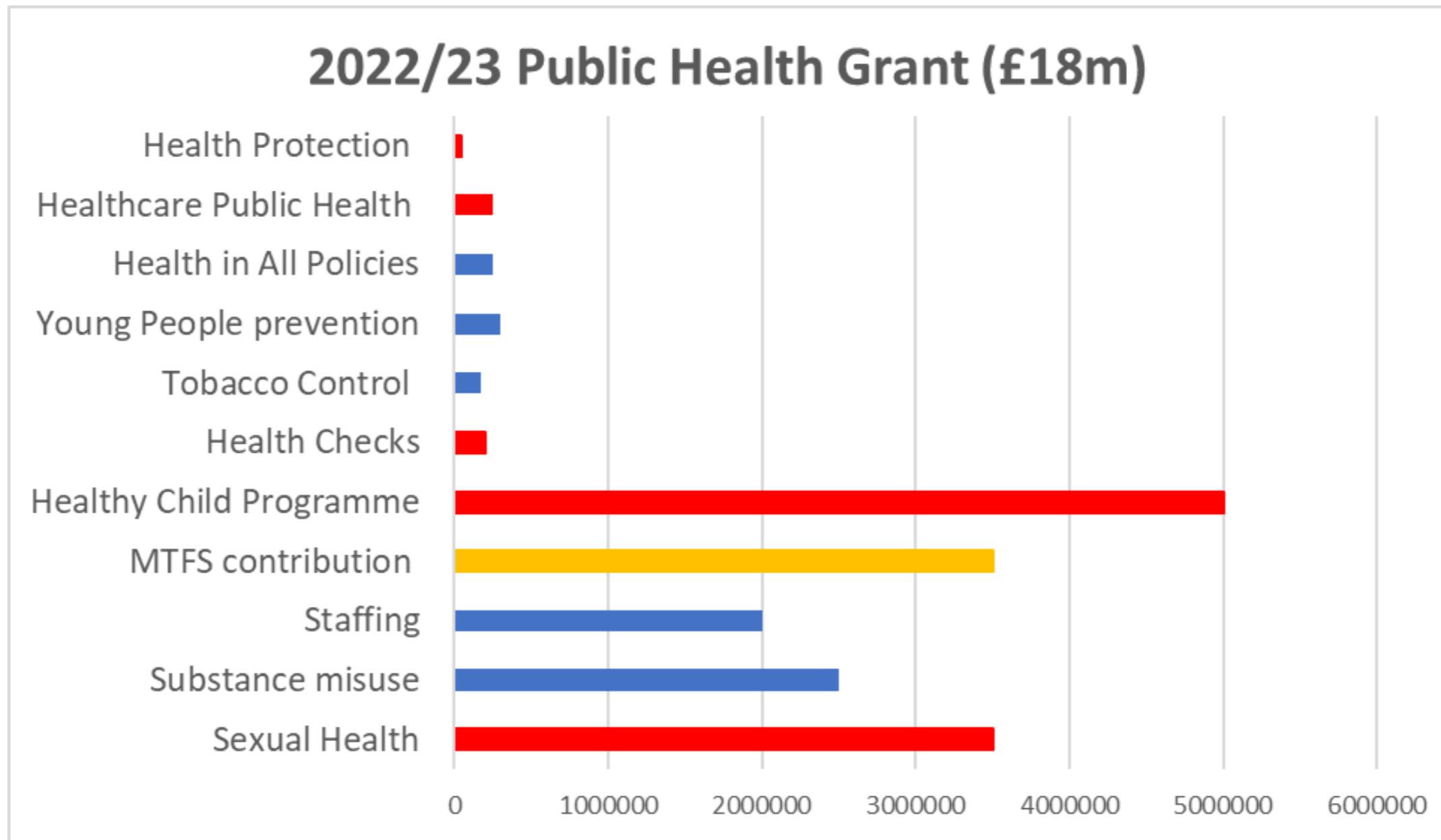
Lifestyle and risky behaviour (healthy weight, smoking, physical exercise)

Health in All Policies and Healthy Places

Workplace Wellbeing

<https://employeeportal.lbbarnet.local/home/resources/Workplace-health-and-wellbeing-hub.html>

# Barnet Public Health Grant Spend 2022/23

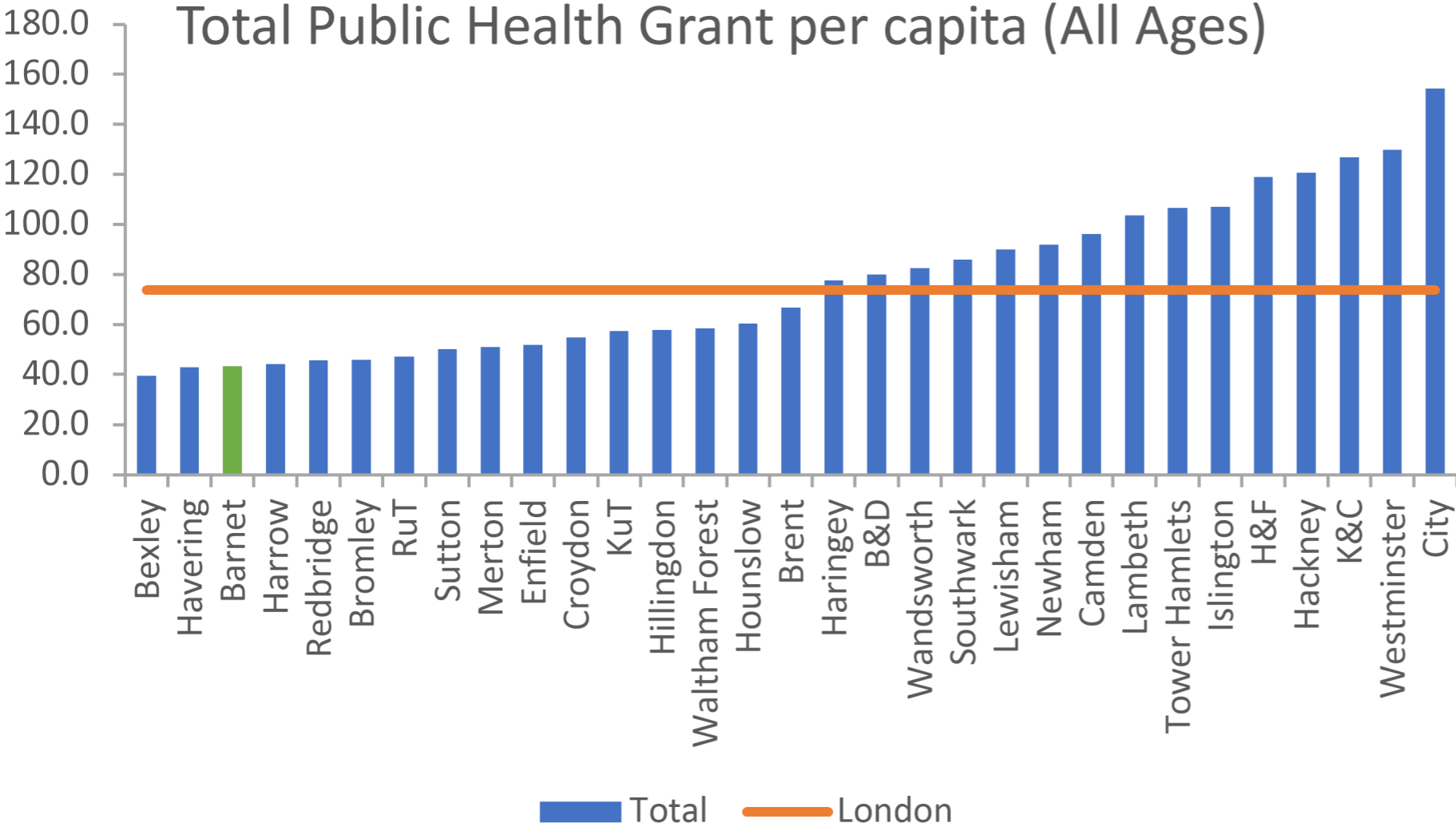


RED – Statutory Services

BLUE – Areas linked to PH Outcomes Framework

YELLOW – PH Contribution to wider Council Prevention Agenda

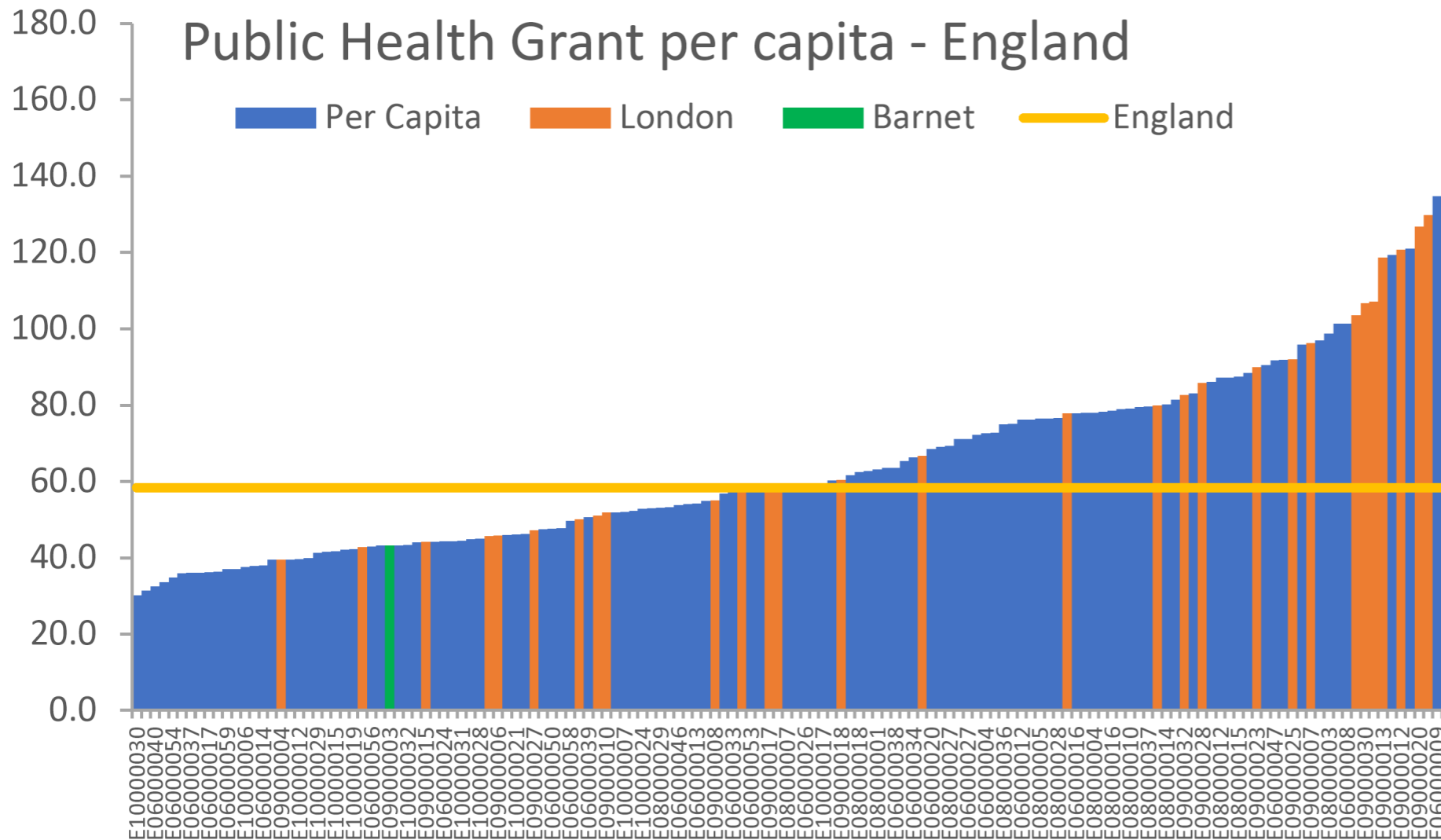
# Total PH Grant per capita - London



London average is £74, with range from £40 to £154.

Barnet is third lowest at £43.

# Total PH Grant per capita – England



England average is £58, while the London average is £74. The range in England is from £30 to £154.

Barnet is lowest quintile nationally with app. £43 per head.

# How healthy are we in Barnet?



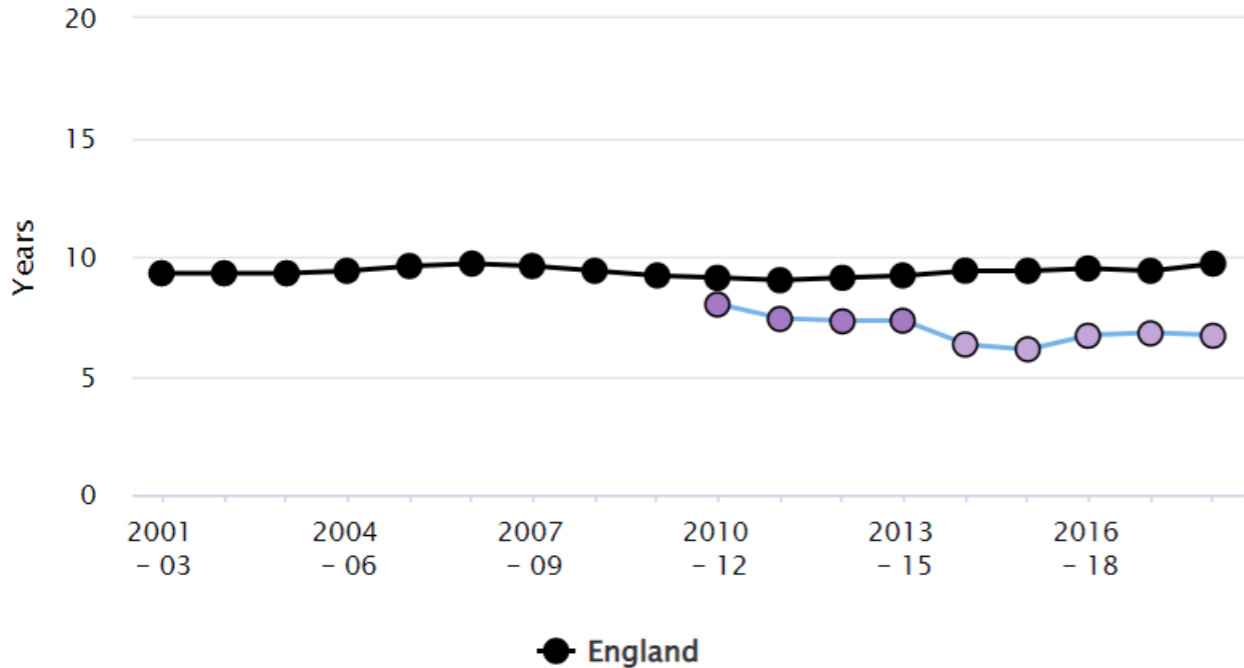
# Barnet's population, on average, have good health and wellbeing

- Life expectancy in Barnet is better than England's and London's average;
- We have one of the lowest premature mortality due to cancers in the country;
- People live longer but later years in life are spent in poor health;
- Main causes of premature mortality are cardiovascular diseases, cancer and Alzheimer disease.

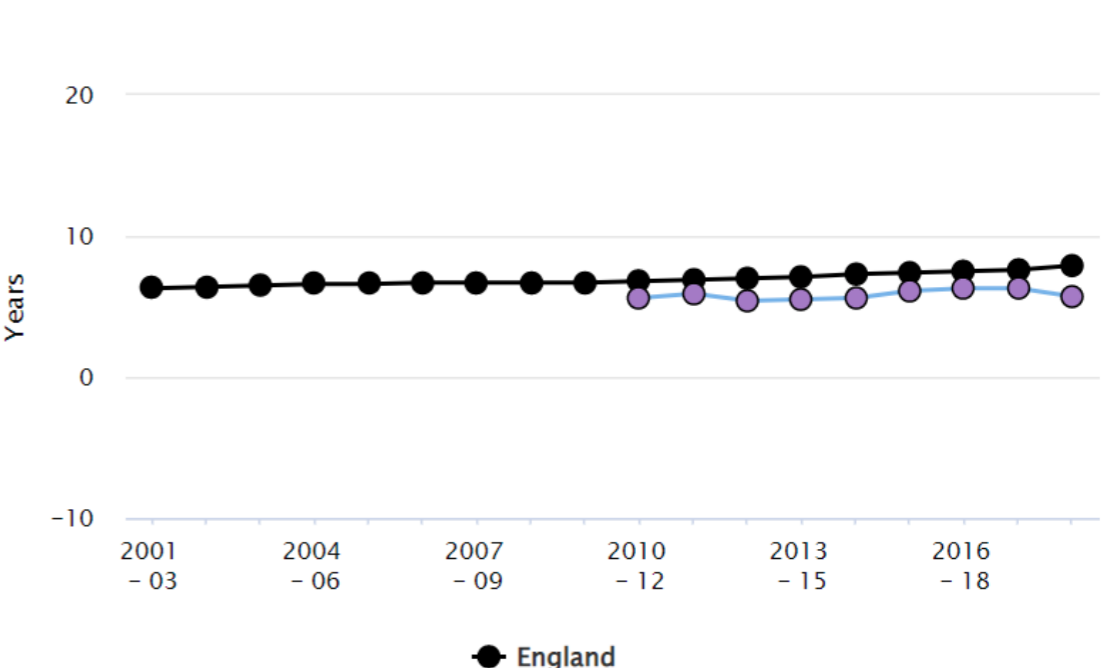
[Joint Strategic Needs Assessment – Barnet Open Data](#)

# However.....men living in most deprived areas live, on average, 6.7 years less than men in most affluent wards

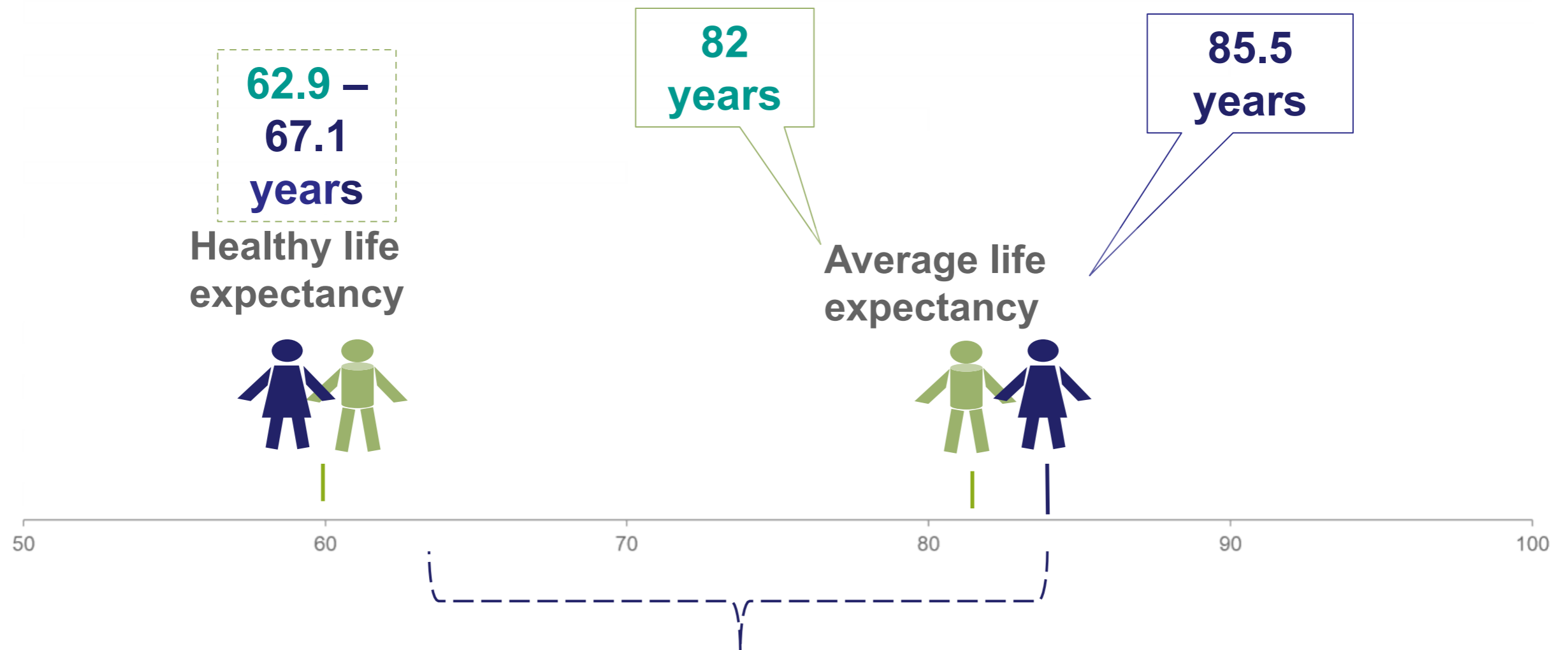
Gap in life expectancy at birth in males is narrowing in Barnet (6.7 years)



Gap in life expectancy at birth in females remained similar (5.7 years)



# Life expectancy is high in Barnet but people live late life in poor health .....due to long-term conditions and mental ill health



**On average, people in Barnet live 18-19 years of their later life in poor health**

# **What do we do and how we engage with communities to reduce inequalities?**

# Vision and three key areas

## Our Vision for health in Barnet

A healthy borough results in a healthy and happy population. It is where the environment around us supports and promotes our health and wellbeing. In a healthy borough, there is broad access to a good education, good quality housing and secure employment. A healthy borough supports access to open green spaces and active travel. High quality health and social care is available for anyone when they need it. A healthy borough reaches out to, supports and protects the most vulnerable, generating opportunities to thrive. With healthier and happier residents, communities are strengthened to support each other, and the local culture and economy flourishes.

## Our key areas and commitments

### Creating a healthier place and resilient communities

#### Integrate healthier places in all policies

We will ensure that all of our policies and strategies across the system include specific actions on improving health and health equity through creating good housing, employment opportunities, active travel links and other economic and commercial conditions in Barnet

#### Create a healthier environment

We will create healthier choices locally with a focus on improving access to clean air, water, healthy food and physical exercise

#### Strengthen community capacity and secure investment to deliver healthier places

We will facilitate networking and capacity building between local communities and promote safety and cohesion while preventing violence and crime. We will make domestic abuse and violence against women and girls everyone's business.

### Starting, living and ageing well

#### Improve children's life chances

We will improve children's life chances by supporting their health and wellbeing from very early age and through to their transition into adulthood

#### Promote mental health and wellbeing

We will promote good mental and emotional health across all ages and different communities and work together to prevent severe mental illness, substance misuse and suicide

#### Get everyone moving

We will improve choices for physical activities locally for all ages and abilities, and ensure residents know how to access it

#### Support a healthier workforce

We will invest time and resources to ensure our workforce is supported to be healthy, happy and productive at work.

#### Prevent long term conditions

We will work with communities to understand what support can be offered to reduce risks of developing long term conditions and recognise early signs and symptoms.

### Ensuring delivery of coordinated and holistic care, when we need it

#### Support digital transformation of services

We will work together to provide digital care and support for all who can benefit from it, as well as using the power of linked electronic health and care records to improve population health

#### Enable carers health and wellbeing

We will support care staff and informal carers to look after their health and wellbeing

#### Deliver population health integrated care

We will work together to ensure the Barnet Integrated Care Partnership is centred around resident's need, aims to reduce health inequalities, promotes good physical and mental health and enables seamless access to health and care services across the life course, delivered in collaboration with local communities at neighbourhood level.

# Some recent initiatives



COVID-19 HASN'T GONE AWAY

BARNET LONDON BOROUGH



# Healthier High Streets - the Five Schemes



Name	Healthier Catering Commitment 	Refill 	Breastfeeding Welcome 	Dementia Friendly Barnet 	Community Toilet Scheme 
Description	Making changes to how food is prepared making it healthier. E.g. using a different cooking oil	Campaign to help prevent plastic pollution and reduce the use of single use plastic. Make drinking water accessible.	Providing mothers with a space to comfortably breastfeed in a public space	Support people living with dementia to live well in their community and enable them to continue doing everyday things	A borough wide scheme to provide accessible, clean & safe toilets in convenient locations
Eligibility	Food hygiene rating of 3 or above	Provide a water dispenser or tap that people/staff can use	Friendly and welcoming attitude	Staff training & access to info to increase awareness & understanding of dementia	Toilet facilities that can be accessed easily
Evaluation	Meet a minimum of eight criteria from a list of 25. Assess the current food options on offer.	Tap or water dispenser on offer must be clean, hygienic, stand-alone. Not located in toilets or over open drain.	Clean, hygienic venue. Breastfeeding Welcome logo to be displayed in prominent location. Staff to read BW info. BW customers feel comfortable.	Dementia friendly language and environmental changes to business. Conduct building audit. Check staff fully trained and understand dementia. Display sticker.	Clean and hygienic facilities. Visitors can use without purchase. Display sticker to show participation in scheme.

# Clean Air Day and Air Quality



- Barnet publicly marked Clear Air Day on 16 June
- Public Health is working with teams across the Council on ways of improving access to and promoting Active Travel, for example by walking, wheeling, cycling or scooting



# Community Vaccine Champions Programme

DLUHC funded Barnet £485,000 to address disparities in vaccine uptake. There are 5 distinct workstreams under this programme that target groups in the borough with the lowest vaccine uptake.

Each workstream engages the public and local VCS organisations in the following ways:

Insight & Communications	Health Champions	VCS Grant	Asylum Outreach	Training
<p><b>Insight gathering – interviewed 136 people in target groups</b></p> <p><b>New Comms and Engagement Officers to work with VCS partners</b></p> <p><b>Co-Production of materials and assets with communities</b></p>	<p><b>Increasing volunteer health champions across the borough</b></p> <p><b>Recruiting paid health ambassadors in target groups</b></p>	<p><b>2 rounds of a VCS grant</b> Includes:</p> <ul style="list-style-type: none"> <li>• Joint induction with VCS partner</li> <li>• Developing local VCS capacity</li> </ul>	<p><b>Recruiting 1 x Asylum Outreach Officer to work with asylum seekers in contingency hotels</b></p>	<p><b>Three-level training offer</b> for all new staff – upskilling local VCS partners in Vaccine Hesitancy and MECC</p>

# Social Prescribing

Started in December 2019. Service moved to Age UK Barnet in June 2020, and is delivered by 20 Link Workers via all Primary Care Networks

IN 2020/21:

12,424

Total number of appointments made



2/3 referrals were female

50%

increase in referrals this year

87%

Patients said their wellbeing improved

Most common referral reasons in people 75+

1. Social support (loneliness and isolation)
2. Carers support
3. Mental health support

3224

Total number of referrals



Highest rate of referrals in those aged 85 and over

60%

Patients reported decreased anxiety levels

Most common referral reason in young people aged 18-35

1. Mental health (depression and anxiety)
2. Housing, welfare, benefits and employment



# Young Mental Health First Aiders

**Delivered as part of the Barnet Resilient Schools Programme**



**191 Trained Youth Mental Health First Aiders (school staff)  
48 Peer Champions across 2 pilot schools (school pupils)**



**89 schools have at least one Youth Mental Health First Aider.**



**Further training is scheduled. We aim to have 223 Youth Mental Health First Aiders and 62 Peer Champions trained by July 2022.**

# We are developing a Public Health communications strategy

## Objectives

- Support the work of Barnet Public Health to improve health outcomes for residents by providing timely, accurate and relevant information that is accessible and understandable for the target audiences.
- Support the improvement of health outcomes across the borough by empowering people to make healthier choices
- Tackle health inequalities by providing relevant information to targeted audiences via community engagement.

## Areas of focus

Cardiovascular  
Disease Prevention

Public Mental  
Health

Healthy Start and  
Early Years

Healthier  
Environments

Health Protection

## Output

- **Strategic campaigns** – borough-wide, multi-channel, high level campaigns
  - 4 quarterly campaigns addressing key identified priorities across the Public Health portfolio
- **Community-specific campaigns** – targeted, tailored approach
  - particularly CVC project and partnership working to deliver targeted campaigns + engagement events
- **‘Always on’ / BAU communications**
  - Signposting to services / service updates, including refresh of microsite
  - Supporting national awareness campaigns, incorporating localised messaging/signposting
- All proactive and reactive communications will be **insight-led** and **evidence-based**

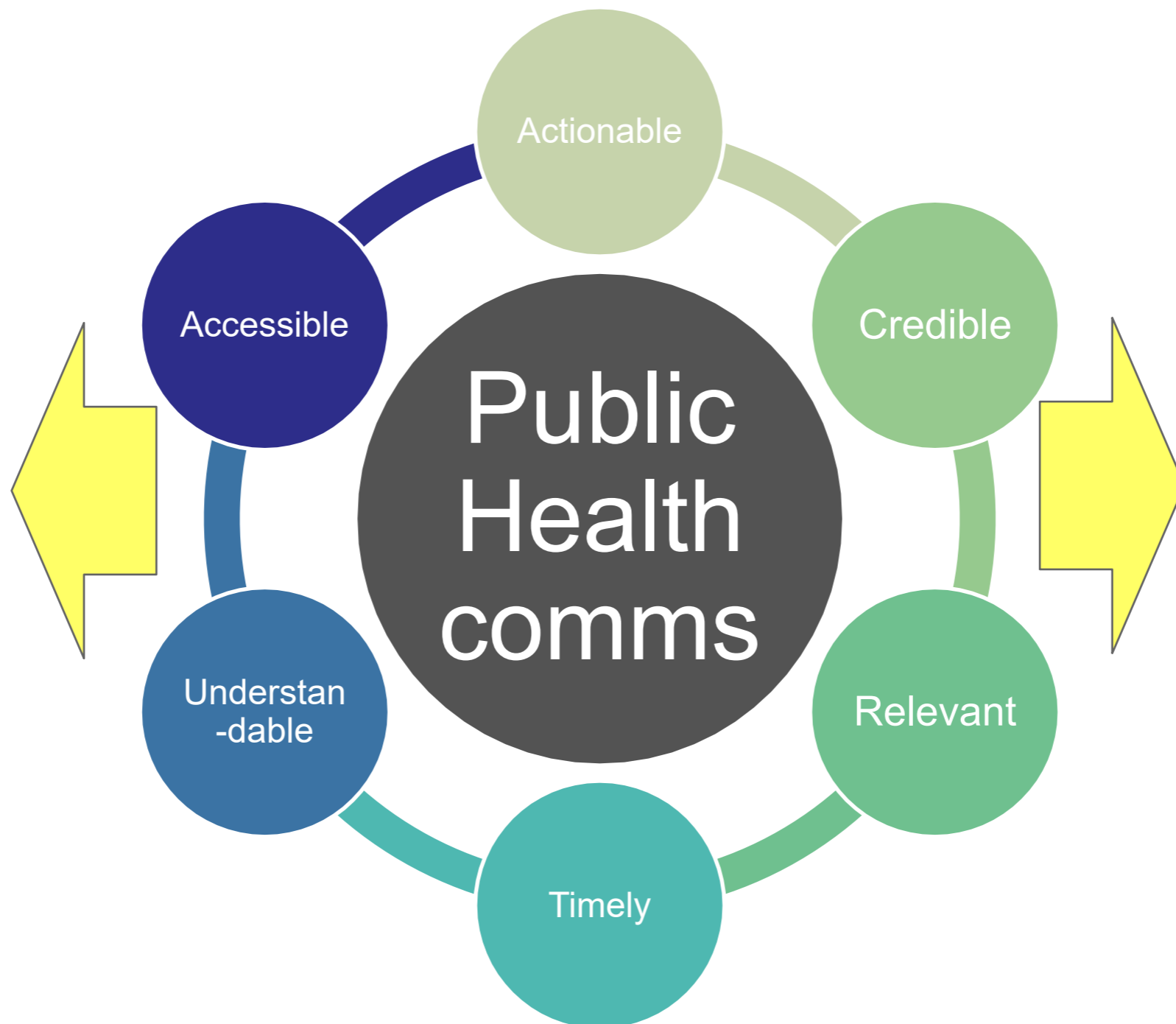
# Strategic communications framework

**Evidence-based**  
messaging

**Data and research**  
to inform comms  
methods/channels

**Digital vs print vs**  
**face to face**  
**Community** events  
**Case study** led –  
human approach +  
facts/figures  
**Language &**  
**Literacy**

**Evaluation &**  
uplift to ensure  
campaigns are  
resonating with  
target audiences



Individual **Barnet**  
**residents**

**Communities**  
including **Health**  
**Champions**

**VCSF** partners &  
sector

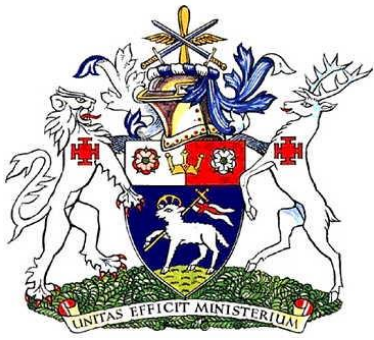
**NCL** partners /  
London Councils

**Public Health**  
professionals

**NHS / UKHSA**

**Internal:** Barnet  
staff, Members &  
stakeholders

This page is intentionally left blank



# Health Overview and Scrutiny Committee

AGENDA ITEM 9

Wednesday 6<sup>th</sup> July 2022

<b>Title</b>	<b>Health Champions Update</b>
<b>Report of</b>	Director of Public Health and Prevention
<b>Wards</b>	All
<b>Status</b>	Public
<b>Urgent</b>	No
<b>Key</b>	No
<b>Enclosures</b>	Appendix 1 – Health Champions 2020-2022 Powerpoint
<b>Officer Contact Details</b>	Kerry Littleford, Public Health Specialty Registrar, <a href="mailto:kerry.littleford@barnet.gov.uk">kerry.littleford@barnet.gov.uk</a> Dr Julie George, Deputy Director of Public Health, <a href="mailto:Julie.george@barnet.gov.uk">Julie.george@barnet.gov.uk</a>

## Summary

The Barnet Health Champions programme was developed by the Barnet Public Health Team from August 2020 and commissioned in November 2020 to support the COVID response locally and to address health inequalities in the context of COVID-19.

We currently have 269 Health Champions across all 24 wards. Around 1 in 5 of our Champions are under 35 years old, with nearly 2 in 5 coming from Black, Asian or other Ethnic Minority backgrounds.

Between November 2020 and April 2022, Public Health has kept Champions up to date about COVID-19 and the vaccination roll out, with support from NHS and other key partners. Champions have been enabled to help their community make sense of the latest government guidelines and health information and help reduce the spread of COVID. The Health Champions have also fed back insight on local residents views and the situation in their areas as well as participated in developing campaign materials.

Public Health recognised an opportunity to think differently about the programme with a future community needs in mind from Summer 2021 and plans were made to transition the champions from solely COVID-focussed to incorporate wider health priorities. These plans were delayed due to COVID transmission spikes in Autumn/Winter 2021, however, easing lockdown restrictions in early 2022 provided this opportunity as the borough recovered from the impacts of the pandemic. In February and March 2022 we began to safely divert our

efforts to prevention opportunities and wider health concerns, whilst still retaining some capacity to work with Champions around COVID.

We have now transitioned working with our Champions on a broader range of health topics including:

- Mental Health
- Cardiovascular Disease Prevention
- Childhood Immunisations
- COVID vaccinations
- Living with COVID

We have retained the majority of our Champions throughout this transition and have held introductory information evenings on each new topic to inform and engage them. Our Health Champions are particularly interested in Mental Health and are currently being trained in Make Every Contact Count (MECC).

The Health Champions programme features within several local strategies including the Barnet Plan 2021-2025 and the Joint Health and Wellbeing Strategy 2021-2025. The champions are also being incorporated into several Public Health programmes of work including Cardiovascular Disease Prevention, Mental Health and Childhood Immunisations.

One of the objectives of the Barnet Plan is:

“Supporting Barnet residents to be active participants in their communities and to be our partners in making Barnet a better place to live, work and study.”

## **Officers Recommendations**

- 1. That the committee note and discuss the report.**

### **1. Why this report is needed**

- 1.1 This report outlines the work to date for the Health Champions programme, including the more recent transition from focussing solely on COVID response to wider health issues, according to the priorities and needs of the borough.
- 1.2 Development of the COVID-19 Health Champions into a more general approach to Community Health Champions to support community participation in improving health is a priority for Barnet Council. Both Barnet Plan 2021-2025 (Healthy Theme) and the Joint Health and Wellbeing Strategy 2021-2025 include this programme as part of recovery plans.
- 1.3 In addition, deployment of Health Champions is one of the key strategies to support vaccine uptake nationally as suggested by Public Health England (now ‘Office of Health Improvement and Disparities’ and ‘UK Health Security Agency’) and NHS England. As such, the Health Champions are being incorporated into the Community Vaccine Champions programme – a programme funded by the Department of Levelling Up,



Housing and Communities (DLUHC) specifically to increase COVID-vaccine uptake in groups where it is low. This funding is separate to Health Champions.

- 1.4 The main aim of the Health Champions programme is to improve health and wellbeing in the local communities and to address health inequalities through working with residents as Community Health Champions. We are able to achieve this by:
  - a) Maintaining a mutually beneficial communication system in Barnet that enables people to help their family, friends and other community members to make sense of the latest facts about COVID-19, so that they can protect themselves but also let Barnet Council know about issues they face and questions they have about guidance or policy relating to COVID.
  - b) Expanding the remit of the Champions to include broader health and social issues whilst maintaining the approach.
  - c) Reaching individuals that are isolated or underserved groups to communicate important health messages and by ensuring that the characteristics of Champions reflect their local communities and groups.

## **2. Reasons for recommendations**

- 2.1 To ensure the committee is informed and supportive of our approach to the Health Champions programme including our transition to wider health issues.

## **3. Alternative options considered and not recommended**

- 3.1 None.

## **4. Post decision implementation**

- 4.1 Public Health will continue to run the Health Champions programme and transition the champions to wider health issues.

## **5. Implications of decision**

### **5.1 Corporate Priorities and Performance**

- 5.1.1 Following the May 5th Elections, the council has a new Labour administration. On the 24th May 2022 Annual Council appointed a new Leader of the Council. The Leader and the new administration have set out the priorities including working in partnership with our local communities to help residents to lead healthier lives and tackling these health inequalities highlighted by the Covid-19 pandemic and to review Council strategies to ensure a clear link with public health outcomes.

### **5.2 Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)**

- 5.2.1 The Health Champions programme has been funded from the COVID Contain funding, with some additional support from the DLUHC Covid Vaccine Champions funding and the public health grant. Future support for the programme will need to come

exclusively from the public health grant.

### **5.3 Legal and Constitutional References**

- 5.3.1 Section 244 of the National Health Service Act 2006 and Local Authority (Public Health, Health and Wellbeing Boards and Health Scrutiny) Regulations 2013/218; Part 4 Health Scrutiny by Local Authorities - provides for the establishment of Health Overview and Scrutiny Committees by local Authorities.
- 5.3.2 The Council's Constitution (Article 7) sets out the terms of reference of the Health Overview and Scrutiny Committee as having the following responsibilities: "To perform the overview and scrutiny role in relation to health issues which impact upon the residents of the London Borough of Barnet and the functions services and activities of the National Health Service (NHS) and NHS bodies located within the London Borough of Barnet and in other areas."

### **5.4 Insight**

- 5.4.1 The wider health issues are priority issues for Barnet taken from the Joint Strategic Needs Assessment and inequalities priorities within it.
- 5.4.2 Wards and communities are also being targeted for COVID-vaccine uptake where data shows it is low.

### **5.5 Social Value**

- 5.5.1 This service has been commissioned from one of our voluntary sector organisations which also forms one of the key partners of the Barnet Together Alliance.

### **5.6 Risk Management**

- 5.6.1 The success of the transition of the Health Champions programme to wider health topics relies on the engagement of the Health Champions in non-COVID related topics outside of a national crisis. Lack of support from our Champions could lead to missed opportunities to undertake prevention work and address health inequalities.

5.6.2 The following controls and mitigations are in place:

- 5.6.2.1 Co-production of wider health priority areas with Health Champions
- 5.6.2.2 Introduction sessions for each new topic with experts
- 5.6.2.3 Regular check-ins with Health Champions to gauge interest in wider health topics
- 5.6.2.4 Training and upskilling in new topic areas

### **5.7 Equalities and Diversity**

- 5.7.1 The provider of our Health Champions programme (Groundwork) continuously monitors and reviews the demographics of its champions to ensure they align with local demographics. Our champions come from all 24 wards with a minimum of 5 champions per ward.
- 5.7.2 Around 1 in 5 of our champions are under 35 years old, with just under 2 in 5 champions from Black, Asian and other Ethnic Minority backgrounds. Our gender split is 70% female

and 30% male, in line with typical gender splits we see in other volunteer groups within the local population. These splits are likely to be different where inequalities exist.

## **5.8 Corporate Parenting**

5.8.1 It is intended that the Health Champions programme improves the health and wellbeing of all Barnet residents including children and young people in care.

## **5.9 Consultation and Engagement**

5.9.1 The Health Champions programme regularly consults with its members to develop the work programme. Focus groups have been undertaken with sub-groups of our champions on a variety of topics including with young people on vaccinations.

5.9.2 There are three levels of engagement within the programme, as described below:

5.9.2.1 Engaged: Not attended an information session but receiving the infographics and emails (127 champions).

5.9.2.2 Highly Engaged: Attended 1-15 information sessions (107 champions).

5.9.2.3 Super Engaged: Attended 15+ information sessions (31 champions).

## **5.10 Environmental Impact**

5.10.1 There are no direct environmental implications from noting the report.

## **6. Background papers**

6.1 Appendix 1 - Health Champions 2020-2022 Update, Health Overview Scrutiny Committee, 6<sup>th</sup> July 2022 [PPT].

This page is intentionally left blank



# Health Champions 2020-2022

Update for Health Overview & Scrutiny  
Committee

06.07.22

Kerry Littleford – Public Health Specialty Registrar

# The Journey



August 2020: Health Champions programme start to be developed

17 Nov: Health Champions officially launched!



Three changes of guidance in two weeks = a lot of new comms!

Young Persons Focus Group

76 Champions completed the Survey

Launched Question of the Week

Roadmap out of lockdown begins



Mental Health Awareness Week

NOV 20

DEC 20

JAN 21

FEB 21

MAR 21

APR 21

MAY 21

2<sup>nd</sup> National Lockdown

WhatsApp Group launched

Back into national lockdown



200 Health Champions signed up

Stage 2 of Roadmap out of lockdown

Information Session on Long COVID



First Information Session

Champions start as COVID champions

# The Journey

COVID-19  
HEALTH  
CHAMPIONS

Vaccine rollout in UK!

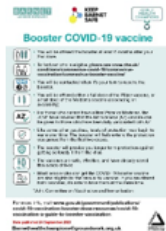


Most legal limits on social contact removed

Self-isolation rules change

Young Persons Focus Group

12-15 year olds offered the vaccine



Agreement to move champions to wider health issues

Vaccine bus is back!

JUNE 21

JULY 21

AUG 21

SEPT 21

OCT 21

NOV 21

Long COVID webinar with Healthwatch Barnet



Meridan Wellbeing taster wellbeing session

Discussions around the future of the Health Champions

Booster jab roll out begins

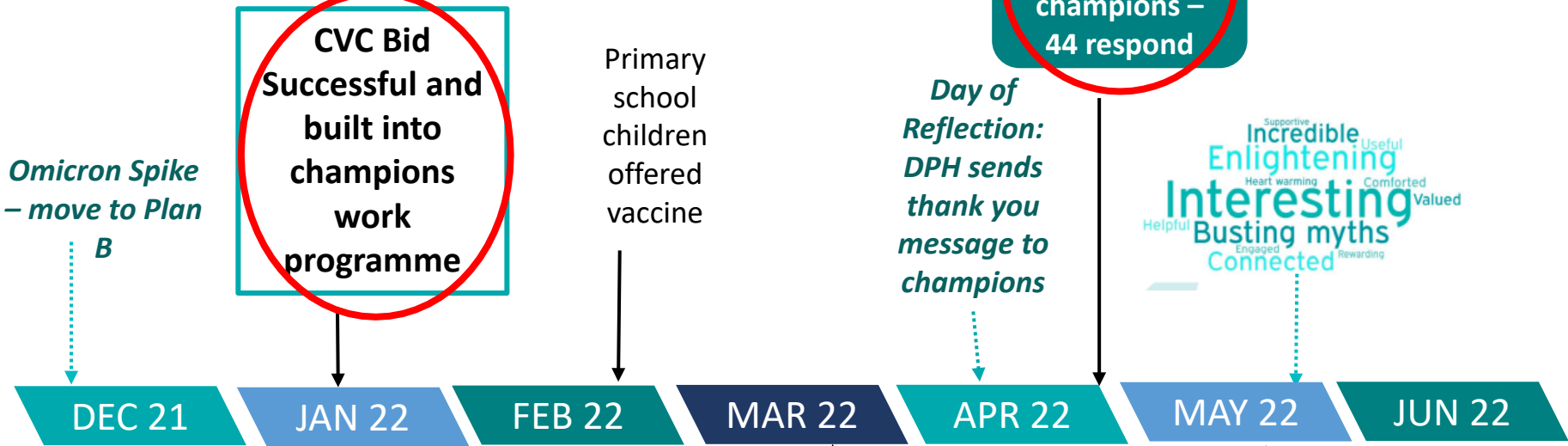
Fit and Active Barnet focus group

Autumn/Winter Health Champion priorities outlined

First birthday!



# The Journey



Omicron Spike – move to Plan B

CVC Bid Successful and built into champions work programme

Primary school children offered vaccine

Day of Reflection: DPH sends thank you message to champions

Survey launched to all champions – 44 respond



Submit bid for Community Vaccine Champions (CVC) Programme

UK moves back to Plan A – face coverings and covid passes not mandatory



Free testing comes to an end

Five health priorities presented to champions

Champions session on Mental Health including suicide prevention and Andy's Man Club







# Current Picture

# 269

HEALTH CHAMPIONS REGISTERED

# 24

Barnet Wards covered



Underhill, Woodhouse & Totteridge & Woodside with the largest number of Champions

**BARNET COVID-19 WEEKLY ROUND-UP**  
7 November – 13 November 2021

<b>Average no. of COVID-19 cases</b> <b>175</b> Per day ↑ Increased from around 100 last week	<b>Infection rate per 100,000</b> <b>330</b> For the last 7 days ↑ Higher than the London rate of 283 per 100,000 population
<b>Cases in specific settings in the last week</b> • 57 cases associated with schools have been reported in the last week. • 8 staff members and no residents in care homes have tested positive in the last week. Community positivity has decreased to LOW (2.9%)	<b>Vaccination uptake</b> 259,500 236,600 First dose uptake to around 75.7% for all ages (12 & over)

# 80

current infographics



COVID-19 HASN'T GONE AWAY



# 197

on WhatsApp Broadcast

# 98

on WhatsApp Group

# 70+

Zoom Sessions

# 48 Info

# 18 Welcome

# 5 Focus Groups

# 50+

Friday Facts e-newsletters

# Partners worked with

**NHS**  
North Central London  
Clinical Commissioning Group

 meridian  
wellbeing

 Barnet Together

**BARNET**  
LONDON BOROUGH

the  
**listening**  
place



**BARNET HEALTH CHAMPIONS**

**BARNET**  
LONDON BOROUGH

Are you passionate about the health and wellbeing of your community?

## BECOME A BARNET HEALTH CHAMPION



**NETWORK**  
Join our network of local people supporting the Barnet community.

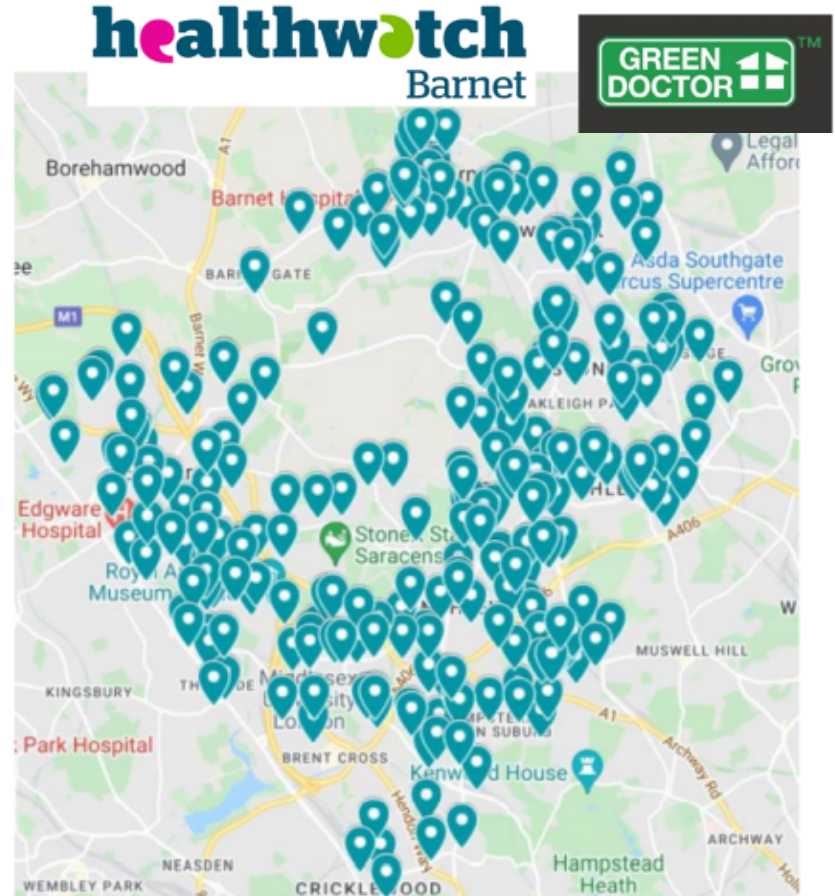
**UPDATES**  
Receive the latest information about health and wellbeing in Barnet. Share this with your friends, family, work colleagues and your wider networks.

**FEEDBACK**  
Let us know your community's health and wellbeing issues, needs and concerns.



SCAN HERE TO SIGN UP

“ Being a Health Champion has enabled me to find out more about health inequalities in Barnet and be able to inform others about health issues in the community.”



**healthwatch**  
Barnet

**GREEN DOCTOR**™

Map showing numerous teal location pins across Barnet, indicating healthwatch listening places. Landmarks include Borehamwood, Barnet Hospital, Asda Southgate, Edgware Hospital, Stone St. Saracens, Kingsbury, Brent Cross, Kenwood House, and Hampstead Heath.

# Infographics

## EXERCISING OUTSIDE

Exercise outdoors in a park, green space or garden

Outdoor sports facilities can open

Avoid busy times if you can

Stay safe in the dark - wear reflective gear

Organised outdoor sport is allowed

**Who can I exercise with?**

- Individually
- Your household, support bubble or childcare bubble
- In a group of up to 6 people, or 2 households, outdoors, keeping two metres apart
- As part of an organised outdoor sport team

Keeping active is important for both your mental and physical health

## Returning to England from a NON-RED LIST country

From 24th October 2021

**FULLY VACCINATED**

If you're returning to England from a NON-RED LIST COUNTRY and are fully vaccinated (14 days after second dose of an NHS approved vaccine), you must:

- Complete the passenger locator form
- Take a lateral flow test on 'day 2' (these must be purchased from government approved providers, they cannot be NHS lateral flow tests)

**NOT FULLY VACCINATED**

If you're returning to England from a NON-RED LIST COUNTRY and are NOT fully vaccinated, you must:

- Complete the passenger locator form
- Take a pre-departure lateral flow test (rapid test)
- Quarantine for 10 full consecutive days in the place mentioned in your passenger locator form. The day after arrival counts as 'day 1'
- Take a PCR test on 'day 2' and 'day 8' (You can choose to pay for a private COVID-19 test on or after 'day 5' after arriving in England, if the test is negative, you can end your quarantine)

Check the government website to stay up to date with travel guidance: [www.gov.uk/guidance/travel-abroad-from-england-during-coronavirus-covid-19](https://www.gov.uk/guidance/travel-abroad-from-england-during-coronavirus-covid-19)

## THANK YOU FOR DOING THE RIGHT THING

### HANDS

Wash your hands to reduce the spread of COVID-19

### FACE

Wear a face covering to protect others

### SPACE

Keep 2 metres apart from anyone outside your household

TOGETHER WE ARE KEEPING BARNET SAFE

## 5 ways to wellbeing CONNECT

- Take time each day to contact a loved one
- Call a family member or neighbour who may be feeling lonely
- Have a virtual lunch with a colleague or friend

## WHAT IS LONG-COVID? (ALSO CALLED POST-COVID SYNDROME)

Someone with Long-COVID has symptoms that develop during or following getting COVID-19, which continue for more than 12 weeks and are not explained by another diagnosis.

Up to 1 in 10 people have ongoing symptoms that match the current definition of Long COVID (NICE definition): [www.nice.org.uk/guidance/ng195](https://www.nice.org.uk/guidance/ng195).

Most people with Long COVID will have relatively mild symptoms which will pass in time. Others will have symptoms that continue for longer periods of time and impact their day-to-day life. They will need further assessment.

### SYMPTOMS OF LONG-COVID

Symptoms can vary and may change over time.

**Most common symptoms**

- Breathlessness
- Fatigue
- Chest pain
- Heart palpitations
- Headache
- Brain fog

**Other symptoms include**

- Cough
- Skin rashes
- Joint pain
- Muscle aches
- Menstrual disturbance
- Diarrhoea / constipation
- Poor sleep

### SUPPORT AVAILABLE

Visit 'Your COVID Recovery' which is a useful self-management support website for recovery of Long-COVID [www.yourcovidrecovery.nhs.uk](https://www.yourcovidrecovery.nhs.uk)

After looking at the website, if you are still experiencing symptoms that are affecting your ability to do things that are important to you, please contact your GP to discuss your symptoms.

Your GP may refer you to the North Central London (NCL) Post-COVID Service.

## BARNET COVID-19 WEEKLY ROUND-UP

7 November - 13 November 2021

Average no. of COVID-19 cases

# 175

Per day

Increased from around 143 last week

Admissions & bed occupancy have decreased in the last week

Infection rate per 100,000

# 330

For the last 7 days

Increased from 275 per 100,000 population last week

Higher than the London rate of 260 per 100,000 population

Cases in specific settings in the last week

- 87 cases associated with schools have been reported in the last week.
- 8 staff members and no residents in care homes have tested positive in the last week.

Community positivity has decreased to LOW (1.8%)

Vaccination uptake

259,500 Received 1<sup>st</sup> dose

236,600 Received 2<sup>nd</sup> dose

First dose uptake is around 72.7% for all ages (12 & over)

Everyone aged 12+ can book a vaccine app. Children aged 12-15 will also be invited for vaccination in school or a GP Practice if already technically vulnerable (CTV).

## COVID-19 HASN'T GONE AWAY

Meet outdoors as much as possible and let fresh air circulate indoors.

Be responsible when meeting vulnerable people outside your household.

## The Vaccine Lowdown

**4 facts to remember and share about the COVID-19 vaccine**

- The COVID-19 vaccine is safe, highly effective, and has already saved thousands of lives.
- There is currently no evidence that the new COVID-19 strains will be resistant to the vaccine so far. This is being continuously monitored.
- There is no evidence to suggest the COVID-19 vaccine will impact your fertility.
- You still need to have the vaccine if you have had COVID-19 or suffer from Long COVID.

**3 things to tell your friends and families**

- Tell them when you've had the vaccine.
- Reassure them that the vaccine is free of charge and the NHS will not ask for their bank or card details.
- Tell them to only share and trust info about the vaccine from credible sources.

**2 ways to stay safe after getting the COVID-19 vaccine**

- You should continue to wash your hands, wear a face covering in crowded areas, limit close contact with the people you don't live with, and make sure fresh air circulates.
- Get free rapid COVID-19 tests before a week if you have no symptoms so you may still be able to spread the virus to others.

**1 thing to do after getting your first dose of the COVID-19 vaccine**

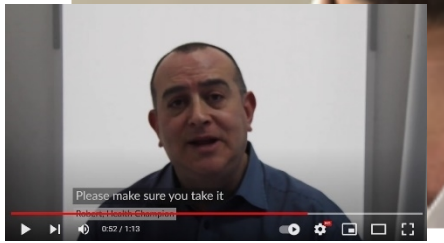
- Get your second dose 8 weeks after getting your first one.

To learn more about the COVID-19 vaccine, visit [www.ukhsa.gov.uk/coronavirus/covid-19/coronavirus-vaccination/book-coronavirus-vaccination/](https://www.ukhsa.gov.uk/coronavirus/covid-19/coronavirus-vaccination/book-coronavirus-vaccination/)

Barnethealthchampions@groundwork.org.uk

**Rory, Barnet Health Champion, said:**

“It’s a mutual relationship between the Champions and the council. We’re encouraged to feedback what’s happening locally to help ensure we are supporting the needs of Barnet community. “It’s amazing to make a difference and join fellow Champions who come from a variety of backgrounds, faiths, and ethnicities. We learn so much from each other.”



# The Future



## LIVING WITH COVID

## COVID VACCINATIONS

## MENTAL HEALTH

## CARDIOVASCULAR DISEASE PREVENTION

## CHILDHOOD IMMUNISATIONS

**LIVING WITH COVID-19**

It's important to understand how the virus spreads in order to help prevent it from spreading further. This infographic provides information on how to stay safe and healthy during the COVID-19 pandemic.

**KEEP BARNET SAFE**

**LIVING WITH COVID-19 IN BARNET**

The Government is issuing national guidance on the COVID-19 virus so you can stay safe and healthy. Barnet Council is providing additional support to help you stay safe and healthy.

**Key recommendations:**

- Stay at home as much as possible.
- Only short, necessary journeys.
- Wear a face mask in public places.
- Avoid public transport.
- Wash your hands frequently.
- Avoid contact with people who are unwell.
- Do not visit care homes.
- Do not visit prisons.
- Do not visit care homes.
- Do not visit care homes.
- Do not visit care homes.

**COVID-19 vaccine for 12-15 year olds**

What? The COVID-19 vaccine is safe and effective. It will help protect you from getting COVID-19.

Why? The vaccine will help protect you from getting COVID-19. It will also help protect you from getting COVID-19.

**16 & 17 year olds - grab a jab!**

What? You can now get the COVID-19 vaccine if you are aged 16 or 17. It will help protect you from getting COVID-19.

Why? The vaccine will help protect you from getting COVID-19. It will also help protect you from getting COVID-19.

**Booster COVID-19 vaccine**

What? You can now get a booster dose of the COVID-19 vaccine. It will help protect you from getting COVID-19.

Why? The booster dose will help protect you from getting COVID-19. It will also help protect you from getting COVID-19.

**YOU SHOULD RECEIVE THE SECOND COVID-19 VACCINE 8 WEEKS AFTER YOUR FIRST ONE**

You will receive the same vaccine as the one you received for the first dose. Except in very rare circumstances.

You can still book and get it now, even if you had your first dose of the vaccine more than 12 weeks ago.

**MENTAL HEALTH & WELLBEING**

**FACTS AND FIGURES**

5 ways to wellbeing

- CONNECT**: Talk & listen, be listened to, feel connected.
- BE ACTIVE**: Do what you enjoy, feel good about it, feel good about you.
- TAKE NOTICE**: Appreciate the good things, feel good about you.
- KEEP LEARNING**: Learn new things, feel good about you.
- GIVE**: Help others, feel good about you.

**1 in 4** Poor mental health impacts: ...

**5 ways to wellbeing**

**CONNECT**

- Take time each day to contact a loved one
- Call a family member or neighbour who may be feeling lonely
- Have a virtual lunch with a colleague or friend

**#ANDYS CLUB**

Three men standing together, smiling.

**STAY ACTIVE**

Head outside and take a walk. Even 20 minutes a day can make a difference to your health and wellbeing.

**5 ways to wellbeing**

**BE ACTIVE**

- Go for a walk or take the dog out
- Set yourself a fitness challenge

**EXERCISING AT HOME**

- Challenge your friends and complete a workout together, virtually.
- Get creative. Don't have weights? Use a filled-up water bottle or lined food instead.
- Warm up and cool down.
- Stay hydrated and wear comfortable clothes.

Keeping active is important for both your mental and physical health

**When and how many vaccines does my child need?**

When?	What?
8 WEEKS	4-in-1 vaccine protects against diphtheria, tetanus, whooping cough, Hib, polio and pneumonia. First dose. Rotavirus vaccine (1st dose). Meningococcal group B (MenB) vaccine (1st dose).
12 WEEKS	4-in-1 vaccine (2nd dose). Rotavirus vaccine (2nd dose). Pneumococcal (PCV) vaccine (1st dose).
16 WEEKS	4-in-1 vaccine (3rd dose). MenB vaccine (2nd dose).
1 YEAR	MenB vaccine given as single vaccine against MenC (1st dose) and Hib (2nd dose). Hib vaccine protects against meningitis, mumps and rubella (1st dose). PCV vaccine booster. MenB vaccine booster.
2-10 YEARS	Need 1st vaccine yearly.
3 YEARS, 4 MONTHS	MMN vaccine (2nd dose). 4-in-1 pre-school booster given as single vaccine protects against diphtheria, tetanus, whooping cough and polio.

**Immunisation is the safest way to protect your child's health**

Public Health England

# Quotes from champions



"Being a health champion has been one of the few positives from the deadly pandemic"

"As I learn and understand the disease, I feel enabled & educated enough to disseminate information to my networks"

"I feel privileged that I can help people get accurate information"

"the breadth of information sessions on Zoom are helpful"

"I most enjoy the sense of having made a contribution towards the fight against the pandemic"

"It is good to know that people can turn to you for information."



## Barnet Health Overview and Scrutiny Committee

6 July 2022

<b>Title</b>	Healthy Child Programme by Solutions 4 Health
<b>Report of</b>	Director of Public Health and Prevention
<b>Wards</b>	All
<b>Status</b>	Public
<b>Key</b>	No
<b>Urgent</b>	No
<b>Enclosures</b>	None
<b>Officer Contact Details</b>	Clare Slater-Robins <a href="mailto:clare.slater-robins@barnet.gov.uk">clare.slater-robins@barnet.gov.uk</a> Emma Waters <a href="mailto:emma.waters@barnet.gov.uk">emma.waters@barnet.gov.uk</a>

### Summary

Public Health and Family Services commissions the Healthy Child Programme services (Health visiting, school nursing, oral health promotion, healthy weight nurses and breastfeeding peer support service) and they are delivered by Solutions 4 Health from 1 April 2022 for the next 3 years.

The Healthy Child Programme (HCP, 2009) 0 – 5 and 5 – 19 is the early intervention and prevention public health programme that lies at the heart of our universal service for children and families at a crucial stage of life. The HCP’s universal reach provides an invaluable opportunity to identify families that are in need of additional support and children who are at risk of poor outcomes.

The HCP offers every family a programme of screening tests, immunisations, developmental reviews, and information and guidance to support parenting and healthy choices – all services that children and families need to receive if they are to achieve their optimum health and wellbeing. Effective implementation of the HCP should lead to:

- Strong parent–child attachment and positive parenting, resulting in better social and emotional wellbeing among children;

- Care that helps to keep children healthy and safe;
- Healthy eating and increased activity, leading to a reduction in obesity;
- Prevention of some serious and communicable diseases;
- Increased rates of initiation and continuation of breastfeeding;
- Readiness for school and improved learning;
- Early recognition of growth disorders and risk factors for obesity;
- Early detection of – and action to address – developmental delay, abnormalities and ill health, and concerns about safety;
- Identification of factors that could influence health and wellbeing in families; and
- Better short- and long-term outcomes for children who are at risk of social exclusion.

Health visitors and school nurses as leaders and key deliverers of the HCP have a fundamental role to play in establishing good working relationships with all local key partners. Aligning with wider prevention and community based programmes and services e.g. health promotion, contraception, sexual health, reducing obesity, smoking cessation and breastfeeding provides a whole system approach to prevention and supports the provision of early universal access to information for health issues.

## **Recommendations**

- 1. That the Committee note the report and update regarding the Healthy Child Programme in Barnet.**
- 2. That the committee hear from Solutions4Health about the organisation, their progress so far, the opportunities and challenges.**

### **1. WHY THIS REPORT IS NEEDED**

Following the successful procurement process the contract was awarded by Barnet Council to a public health CQC registered provider, Solutions4Health. There was a long transition period so little disruption was experienced by the residents in Barnet and the services became live with S4H on 1 April 2022.

Since the 1 April the new provider has been settling staff into the organisation and recruiting to the vacancies in the services, predominantly health visiting, oral health and school nursing. This is against a backdrop of national shortages of health visitors and school nurses.

### **2. REASONS FOR RECOMMENDATIONS**

- 2.1 The report provides the Committee with the opportunity to be briefed on this matter. They are empowered to make further recommendations should they wish.



### **3. ALTERNATIVE OPTIONS CONSIDERED AND NOT RECOMMENDED**

3.1 Not applicable.

### **4. POST DECISION IMPLEMENTATION**

4.1 The Healthy Child Programme Board, Contract and Strategic Update meeting will continue to monitor progress in Barnet.

### **5. IMPLICATIONS OF DECISION**

#### **5.1 Corporate Priorities and Performance**

5.1.1 Following the May 5th Elections, the council has a new Labour administration. On the 24th May 2022 Annual Council appointed a new Leader of the Council. The Leader and the new administration have set out the priorities including working in partnership with our local communities to help residents to lead healthier lives and tackling these health inequalities highlighted by the Covid-19 pandemic and to review Council strategies to ensure a clear link with public health outcomes.

#### **5.2 Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)**

5.2.1 The Healthy Child Programme is a mandatory service funded via the Public Health grant and there are no other financial implications for the Council.

#### **5.3 Social Value**

5.3.1 The Public Services (Social Value) Act 2012 requires people who commission certain public services to think about how they can also secure wider social, economic and environmental benefits.

5.3.2 The Healthy Child Programme ensures an efficient health and wellbeing service for children and families whilst delivering benefits to individuals in a coordinated fashion. The programme also includes supporting parents and young people when they need it and providing the right amount of advice to individuals to develop the skills they need to make choices for their own well-being in the future. Services working together derive social capital from each other and this in turn supports a collaborative approach towards sustainability within an ever-changing economy.

#### **5.4 Legal and Constitutional References**

5.4.1 Section 244 of the National Health Service Act 2006 and Local Authority (Public Health, Health and Wellbeing Boards and Health Scrutiny) Regulations 2013/218; Part 4 Health Scrutiny by Local Authorities provides for the

establishment of Health Overview and Scrutiny Committees by local authorities.

- 5.4.2 The Council's Constitution (Article 7) sets out the terms of reference of the Health Overview and Scrutiny Committee as having the following responsibilities:

*“To perform the overview and scrutiny role in relation to health issues which impact upon the residents of the London Borough of Barnet and the functions services and activities of the National Health Service (NHS) and NHS bodies located within the London Borough of Barnet and in other areas.”*

## 5.5 Risk Management

- 5.5.1 The Mobilisation project plan had a comprehensive risk register which was monitored at the Healthy Child Programme board on a monthly basis and mitigation actions discussed.

- 5.5.2 Solutions4Health have a Barnet specific risk register which includes staffing and recruitment, Blood Spot sustainability and New Birth visits.

## 5.6 Equalities and Diversity

- 5.6.1 Equality and Diversity issues are a mandatory consideration in decision making in the Council pursuant to the Equality Act 2010. This means the Council and all other organisations acting on its behalf must fulfil its equality duty when exercising a public function. The broad purpose of this duty is to integrate considerations of equality and good relations into day to day business, requiring equality considerations to be reflected into the design of policies and the delivery of services and for these to be kept under review.

- 5.6.2 The specific duty set out in s149 of the Equality Act is to have due regard to need to:

*Eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act; Advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it; Foster good relations between persons who share a relevant protected characteristic and persons who do not share it.*

- 5.6.3 The relevant protected characteristics are – age; disability; gender reassignment; pregnancy and maternity; race; religion or belief; sex; sexual orientation. Health partners as relevant public bodies must similarly discharge their duties under the Equality Act 2010 and consideration of equalities issues should therefore form part of their reports.

## 5.7 Consultation and Engagement

- 5.7.1 A commissioner led service user and stakeholder feedback exercise

closed in July 2021 and while its responses did not inform the reprocurement exercise they are part of the mobilisation phase and are helping to determine any amendments to the service delivery 'To be' model going forward.

5.7.2 Solutions4Health commissioned an external consultant to conduct a review of the 'As is' model of service delivery which is now in the dissemination phase and is informing, along with the service user and stakeholder feedback, the new 'To be' model to deliver the Barnet service specification.

## 5.8 **Corporate Parenting:**

5.8.1 There are no implications for the London Borough of Barnet's corporate parenting responsibilities with this contract.

5.8.2 The health visiting and school nursing services have safeguarding responsibilities as part of their overall health and development surveillance supporting children who have been placed in care with their health needs.

## 6. **BACKGROUND PAPERS**

None.

This page is intentionally left blank

## Report for Barnet Health Overview Scrutiny Committee 6 July 2022

### Introduction

On 1<sup>st</sup> April 2022, Solutions 4 Health took over the provision of the Healthy Child Programme (HCP) in Barnet. This report outlines the progress that has been made since the transition, the vision for the service, challenges to date, areas of risk and mitigation.

Solutions 4 Health is a public health CQC registered provider with a strong reputation in the successful delivery of NHS clinical and public health services and tackling health inequalities. The organisation delivers a range of services nationally. These include Public Health Nursing 4 Slough 0-19 (25) service, sexual health services, domestic abuse support service, ADHD and autism support services, smoking cessation, healthy lifestyle, Artificial Intelligence (AI) Applications to support practice and others.

The Public Health Nursing 4 Slough 0-19 (25) Integrated Health Visiting and School Nursing Services was inspected by the Care Quality Commission (CQC) in February 2022 and was rated 'good' on 4 of the 5 Standards and 'outstanding' in another.

The CQC found outstanding practice in relation to the service's creativity and innovative approach to meeting the needs of the local population and how the service responded during the pandemic to ensure a safe and effective service.

The service had developed several AI Applications (App) for service users to use at various points throughout their care. This included the 'Ask Teddi' App, so that parents and carers can access advice on parenting issues such as sleep, weaning and potty training. In addition, an interactive App with games aimed at 5- to 11-year-olds to promote healthy choices, and an App for 11- to 17-year-olds to support healthy and positive lifestyles.

### Transition

The organisation took over the transition of The Healthy Child Programme on 1 April 2022 following a period of preparation which included extensive engagement with staff, service users, commissioners and stakeholders. The engagement process is ongoing as Solutions 4 Health seek to engage stakeholders and service users in working collaboratively during the transformation. There was a seamless transfer of services, ensuring minimal disruption to service users, staff and stakeholders.

The commissioned services are, Health Visiting, School Nursing, Oral Health Promotion, Infant Feeding Support, and the National Childhood Measurement Programme.

### Achievements

During the first three months the following were achieved:

- Established relationships with tupted staff and new staff joining the team
- Staff across all localities are now working from the same office base. This approach supports:
  - Collaborative working across the various teams within the service
  - Access to all staff for training, staff meetings and building team dynamics
  - Appraising the competencies of staff and development of skills
  - Continuous access to the management team and safeguarding specialists.
- Induction of all staff which included training and the distribution of IT equipment, ensuring that staff have the necessary equipment and skills to undertake their roles

- Service users and stakeholders continue to have access to the service eg clinics, home visits, advice and support
- The service is being delivered from Children Centres across the three localities
- There has been a gradual shift from virtual to face to face-to-face contacts with children and families
- Continued engagement and opportunities for collaborative working with stakeholders

## Transformation

A review of the Healthy Child Programme was commissioned by Solutions for Health prior to going live. The review explored the HCP service provision (until 31st March 2022). The aim was to develop an understanding of service provision ('As Is' Model) by undertaking interviews with stakeholders, scrutiny of key documents and user satisfaction surveys.

A report has been written and key themes and findings from the report has informed an Implementation Plan which is the framework for the transformation of services (the 'To Be' Model). There is ongoing work with the Solutions 4 Health Communications and Marketing team who are working to develop a communication strategy for the service.

## Service Vision

S4H aims to:

- Deliver a service which is safe, effective, caring, responsive and well led
- To be innovative in finding solutions to meet the needs of the hard to reach and vulnerable children and families in Barnet.
- To have an integrated Health Visiting and School Nursing public health service for children and young people 0-19 and up to 25 for children with SEND
- Have an emphasis on Early Help and health promotion
- Strengthen the links between School Nursing and Health Visiting
- Be focused on outcomes.
- Be family centred based on the views of children, families, staff and partner organisations.
- Support school-aged children in transition, including between health visiting and school nursing, and into adult services
- Have a SEND Lead who will coordinate and work with GPs, Children Centres, Maternity Units, Child Development services, SALT, parents and schools to ensure that the health needs of children are met
- Have a Safeguarding team with robust policies and processes to effectively safeguard children.
- Allocate each school with a named school nurse
- Have termly meetings with the Designated Leads for Schools
- Have drop ins for young people
- Target children not in school or education and those that are being home schooled.
- Have a named health professional for each GP practice

## Challenges and Risks

### 1. Recruitment and Retention of Staff

Solutions 4 Health has had success in recruiting several new staff to the service and have continued the recruitment process. In addition to tured staff, thirty-three (33) additional staff of various disciplines have been recruited. There is a national shortage of Health



Visitors and School Nurses, therefore consideration must be given to developing the skills of skill mix staff and to implement innovative ways of working.

#### Change Management

Solutions 4 Health has commissioned a change management consultant who is currently working with staff to support them through the change process and embracing new ways of working within a new organisation.

#### Contact details:

**Healthy Child Programme 4 Barnet**

Tel: 0800 772 3110/0203 633 4049

Email: [hcp.4barnet@nhs.net](mailto:hcp.4barnet@nhs.net)

Web: [www.healthychildprogramme4barnet.co.uk](http://www.healthychildprogramme4barnet.co.uk)

This page is intentionally left blank



**Health Overview and Scrutiny  
Committee  
Draft Forward Plan 2022-23**

Governance Services Contact: [tracy.scollin@barnet.gov.uk](mailto:tracy.scollin@barnet.gov.uk)

Title of Report	Overview of decision	Report Of ( <i>officer</i> )
<b>19 October 2022</b>		
Winter Preparedness in North Central London including preparation for 'flu season and Covid-19	Annual Update	North Central London Clinical Commissioning Group (NCL CCG)
NHS North Central London Integrated Care Board	New work programme and implications of new structure	Executive Director, Adults and Health/NCL CCG
User groups	Topic TBC	TBC
<b>8<sup>th</sup> December 2022</b>		
Mid Year NHS Trust Quality Accounts	Progress Report	NHS Trusts
User groups	Topic TBC	TBC
<b>27<sup>th</sup> February 2022</b>		
User groups	Topic TBC	TBC
<b>To be allocated</b>		
Children and Young People's Oral Health in Barnet	Update including Barnet Young Brushers Supervised Toothbrushing pilot Project	Director of Public Health
NCL Healthwatch Long Covid update		NCL Healthwatch

Barnet Healthwatch Annual Report		Barnet Healthwatch
NCL ICS update on Transformation Programmes	Topics TBC	Executive Director, Adults and Health/NCL CCG
Suicide Prevention Strategy	Annual Update	Director of Public Health

This page is intentionally left blank